



Great Harvest Bread Co
 1701 Allied Ln,
 Charlottesville, VA 22903
 434-202-7813

OCTOBER 2017

PEACE & LOVE IN CHARLOTTESVILLE

Mon-Fri 7a-6p
 Sat 7a-5p
 Sun closed

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREADS	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat
	Dakota	Dakota	Dakota	Dakota	Dakota	Dakota
	High Five!	Cville Crunch	Cobblers choice Brioche	Oregon Herb	Cville Crunch	Cinnamon Raisin Walnut
	Cinnamon Chip	Rosemary Garlic	**Cinnamon Chip**	Rye	Cinnamon Chip	Cinnamon Swirl & Pecan Swirl
	High Five with Blueberries	Pumpkin Swirl	Bakers Choice Sourdough	Apple Scrapple	Baguettes	Bakers Choice Swirl
	Popeye	Autumn Apple	Herb Baguettes	Pepperoni Rolls	Spinach Feta	Cheddar Garlic
	Farmhouse White				Challah	
	GLUTEN EXCLUSION	GlutenX Goodies		<u>Muffins & Cookies</u>	Gluten eXclusion	
ROLLS	Popeye	Rosemary Garlic		Oregon Herb	Spinach Feta	Cheddar Garlic
	GH Original	Mocha Crackle	GH Original	Mocha Crackle	GH Original	Mocha Crackle
COOKIES	Oatmeal Raisin	Turtle Cookies	Oatmeal Raisin	Turtle Cookies	Oatmeal Raisin	Turtle Cookies
	Chocolate Bliss	Salted Caramel	Chocolate Bliss	Salted Caramel	Chocolate Bliss	Salted Caramel
BARS	Savannah Bars	Pumpkin spice	Savannah Bars	Bread Pudding	Pumpkin spice	Savannah Bars
MUFFINS	Pumpkin Chocolate Chip	Caramel Apple	Pumpkin Chocolate Chip	Caramel Apple	Pumpkin Chocolate Chip	Blueberry Buttermilk
SCUFFINS	Berry Cream Cheese	WW Cinnamon Chip/ Savory	Apple Cider cinnamon	Cranberry Orange	Berry Cream / Turmeric Black Pepper	Apple Cider cinnamon

GLUTEN EXCLUSION BREAD VARIETIES INCLUDE:

- Honey Flax
- Dakota
- Cinnamon Chip

♦♦ FIRST WEDNESDAY OF EACH MONTH : WHOLE WHEAT CINNAMON CHIP BREAD. This bread

freezes well. October 4 we will be baking Whole Wheat Cinnamon Chip. Taking orders now!

Tumeric and Black Pepper scuffins on Friday – Missing the Pumpkin Oh’s? Oh so soon – returning Mid month – check in store! Granolas and Harvest bars make the healthiest after school treats treats. See you Saturdays at City Market– Aileen & Michael Magnotto

SANDWICH MENU

OMNIVORE SANDWICHES

These sandwiches are made on your choice of bread with lettuce, tomato, cucumber, mayo, dijon mustard, and a sprinkle of salt and pepper.

TURKEY* & CHEESE

Your choice of Swiss or Sharp Cheddar cheese with roasted turkey

HAM* & CHEESE

Your choice of Swiss or Sharp Cheddar cheese with smoked ham

CURRIED TUNA SALAD

Albacore tuna salad made with a special blend of curry spices

CHICKEN SALAD

Cubes of chicken mixed with our irresistible Sweet & Spicy pecans

PIMENTO CHEESE

Roasted red peppers, Sweet & Spicy pecans, and plum chutney make a unique pimento cheese like you've never had before!

ROAST BEEF*

Special blend Horseradish sauce on roast beef with cheese and red onions

ITALIAN*

Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade

***BOARS HEAD BRAND MEATS**

HERBIVORE SANDWICHES

Our herbivore sandwiches feature exciting toppings and spreads! Food grown near Charlottesville tastes best, and our sandwiches feature local ingredients when in season!

MONTICELLO GARDEN

House made lemony hummus, kalamata olives, sliced bell pepper, lettuce, tomato, and cucumber.

TWIN OAKS TOFU AND PESTO

The best tofu ever, and it's locally produced in Louisa! Herby tofu roasted to crispness combined with pesto, lettuce, tomato, and cucumber.

ALMOND BUTTER BANANA CRUNCH

Not just for kids, this is one hearty sandwich! Smashed banana, Naturally Nutty vanilla almond butter, a sprinkle of Groovy Granola, and a drizzle of honey.



SALADS



All of our sandwiches can also be ordered as salads! They will be served as a bed of mixed greens, topped with tomato and cucumber, and the sandwich's "toppings." Don't forget a big slice of bread from the breadboard!

BREAD CARE

Once your bread is cool to your wrist (usually 2 hours after you leave the store), just place it into the plastic bag we give you, press out extra air, twist the top of the bag a few times and tie off with a twist tie. Never put your bread in the fridge. This causes the honey to crystallize and dries out your bread. Our breads stay fresh for 7-10 days when properly stored on your counter. If your bread contains cheese, it does need to be refrigerated within 48 hours of purchase.

FREEZING BREAD

Our bread freezes very nicely! Double bagging helps to prevent freezer burn. It is best to wait 24 hours after purchasing before freezing it. Be sure to thaw the



bread in its bag.