



SEPTEMBER MENU 2019

Great Harvest Bread Co
434-202-7813
www.greatharvestcville.com

Mon-Fri 7a-6p
Sat 7a-5p
Sun closed

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREADS	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat
	Dakota	Dakota	Dakota	Dakota	Dakota	Dakota
	High Five H5 w/ Blueberry	Cville Crunch	Cinnamon Chip**	High Five!	Cville Crunch	Cinnamon Raisin Walnut
	Cinnamon Chip	Autumn Apple	Rye Bread	Sourdough	Cinnamon Chip	Swirl Breads
	Popeye	Sourdough	Everything Bread	Apple Scrapple	Challah	Cracked PepperJack
	Farmhouse White		Farmhouse White	Pepperoni Rolls	Spinach Feta	Baguettes
		GlutenX		GlutenX	Baguettes	
ROLLS	Popeye		Everything		Spinach Feta	Cracked Pepperjack
BARs	Savannah Bars	Incredible Brownie	Apple Cobbler	Key Lime	Texas Sheet Cake	Saturday Strata
SCUFFINS	Berry Cream Cheese	WW Cinnamon Chip/ Savory	Peaches & Cream	Chocolate Cream	Berry Cream Savory Scuffins	Bakers Choice

BREAKFAST ON THE GO? TRY OUR EGG CUPS - GLUTEN FREE

PUMPKIN CHOCOLATE CHIP MUFFINS AND MUFFIN OF THE DAY BAKED FRESH DAILY!!!

**TUESDAY & THURSDAY
GLUTEN EXCLUSION**

- Honey Flax
- Dakota
- Cinnamon Chip

****First Wednesday of the Month - Whole Wheat Cinnamon Chip Bread - September 4**

Catering Available - Lettuce pack a lunch for you!

FRESH BAKED COOKIES!

- Great Harvest Original
- Turtle
- Oatmeal Raisin
- Salted Caramel

**Ask about our
Cookie of the Day!**

SANDWICH MENU

OMNIVORE SANDWICHES

These sandwiches are made on your choice of bread with lettuce, tomato, cucumber, mayo, dijon mustard, and a sprinkle of salt and pepper.

TURKEY* & CHEESE

Your choice of Swiss or Sharp Cheddar cheese with roasted turkey

HAM* & CHEESE

Your choice of Swiss or Sharp Cheddar cheese with smoked ham

CURRIED TUNA SALAD

Albacore tuna salad made with a special blend of curry spices

CHICKEN SALAD

Cubes of chicken mixed with our irresistible Sweet & Spicy pecans

PIMENTO CHEESE

Roasted red peppers, Sweet & Spicy pecans, and plum chutney make a unique pimento cheese like you've never had before!

ROAST BEEF*

Special blend Horseradish sauce on roast beef with cheese and red onions

ITALIAN*

Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade

***BOARS HEAD BRAND MEATS**

HERBIVORE SANDWICHES

Our herbivore sandwiches feature exciting toppings and spreads! Food grown near Charlottesville tastes best, and our sandwiches feature local ingredients when in season!

MONTICELLO GARDEN

House made lemony hummus, kalamata olives, sliced bell pepper, lettuce, tomato, and cucumber.

TWIN OAKS TOFU AND PESTO

The best tofu ever, and it's locally produced in Louisa! Herby tofu roasted to crispness combined with pesto, lettuce, tomato, and cucumber.

ALMOND BUTTER BANANA CRUNCH

Not just for kids, this is one hearty sandwich! Smashed banana, Naturally Nutty vanilla almond butter, a sprinkle of Groovy Granola, and a drizzle of honey.



SALADS



All of our sandwiches can also be ordered as salads! They will be served as a bed of mixed greens, topped with tomato and cucumber, and the sandwich's "toppings." Don't forget a big slice of bread from the breadboard!

BREAD CARE

Once your bread is cool to your wrist (usually 2 hours after you leave the store), just place it into the plastic bag we give you, press out extra air, twist the top of the bag a few times and tie off with a twist tie. Never put your bread in the fridge. This causes the honey to crystallize and dries out your bread. Our breads stay fresh for 7-10 days when properly stored on your counter. If your bread contains cheese, it does need to be refrigerated within 48 hours of purchase.

FREEZING BREAD

Our bread freezes very nicely! Double bagging helps to prevent freezer burn. It is best to wait 24 hours after purchasing before freezing it. Be sure to thaw the



bread in its bag.

*Great Harvest Bread Co
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