



# OCTOBER 2019

Great Harvest Bread Co  
434-202-7813  
www.greatharvestcville.com

Mon-Fri 7a-6p  
Sat 7a-5p  
Sun closed

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>BREADS</b>	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat	Honey Whole Wheat
	Dakota	Dakota	Dakota	Dakota	Dakota	Dakota
	High Five H5 w/ Blueberry	Cville Crunch	Cinnamon Chip**	High Five!	Cville Crunch	Cinnamon Raisin Walnut
	Cinnamon Chip	<u>GLUTENX</u>	Everything	Sourdough	Cinnamon Chip	Swirl Breads
	Popeye	Sourdough	Monkey Bread	Apple Scrapple	Challah	Cheddar Garlic
<b>ROLLS</b>	Farmhouse White	Pumpkin Bread	Farmhouse White		Spinach Feta	
	Popeye				Spinach Feta	Cheddar Garlic
<b>BARS</b>	Savannah Bars	Incredible Brownie	Bread Pudding	Pumpkin Oh's	Texas Sheet Cake	Saturday Strata
<b>SCUFFINS</b>	Berry Cream Cheese	WW Cinnamon Chip/ Savory	Cranberry Orange	Chocolate Cream	<u>Berry Cream Savory Scuffins</u>	Bakers Choice

**BREAKFAST ON THE GO? TRY OUR EGG CUPS - GLUTEN FREE**

**PUMPKIN CHOCOLATE CHIP MUFFINS AND MUFFIN OF THE DAY BAKED FRESH DAILY!!!**

**TUESDAY & THURSDAY  
GLUTEN EXCLUSION**

- Honey Flax
- Dakota
- Cinnamon Chip

*First Wednesday of the Month - Whole Wheat Cinnamon Chip Bread - October 2*

*Catering Available- And we deliver*

**FRESH BAKED COOKIES!**

- Great Harvest Original
- Turtle
- Oatmeal Raisin
- Salted Caramel

**Ask about our  
Cookie of the Day!**

# SANDWICH MENU

## OMNIVORE SANDWICHES

*These sandwiches are made on your choice of bread with lettuce, tomato, cucumber, mayo, dijon mustard, and a sprinkle of salt and pepper.*

### **TURKEY\* & CHEESE**

*Your choice of Swiss or Sharp Cheddar cheese with roasted turkey*

### **HAM\* & CHEESE**

*Your choice of Swiss or Sharp Cheddar cheese with smoked ham*

### **CURRIED TUNA SALAD**

*Albacore tuna salad made with a special blend of curry spices*

### **CHICKEN SALAD**

*Cubes of chicken mixed with our irresistible Sweet & Spicy pecans*

### **PIMENTO CHEESE**

*Roasted red peppers, Sweet & Spicy pecans, and plum chutney make a unique pimento cheese like you've never had before!*

### **ROAST BEEF\***

*Special blend Horseradish sauce on roast beef with cheese and red onions*

### **ITALIAN\***

*Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade*

**\*BOARS HEAD BRAND MEATS**

## HERBIVORE SANDWICHES

*Our herbivore sandwiches feature exciting toppings and spreads! Food grown near Charlottesville tastes best, and our sandwiches feature local ingredients when in season!*

### **MONTICELLO GARDEN**

*House made lemony hummus, kalamata olives, sliced bell pepper, lettuce, tomato, and cucumber.*

### **TWIN OAKS TOFU AND PESTO**

*The best tofu ever, and it's locally produced in Louisa! Herby tofu roasted to crispness combined with pesto, lettuce, tomato, and cucumber.*

### **ALMOND BUTTER BANANA CRUNCH**

*Not just for kids, this is one hearty sandwich! Smashed banana, Naturally Nutty vanilla almond butter, a sprinkle of Groovy Granola, and a drizzle of honey.*



## SALADS



*All of our sandwiches can also be ordered as salads! They will be served as a bed of mixed greens, topped with tomato and cucumber, and the sandwich's "toppings." Don't forget a big slice of bread from the breadboard!*

## BREAD CARE

*Once your bread is cool to your wrist (usually 2 hours after you leave the store), just place it into the plastic bag we give you, press out extra air, twist the top of the bag a few times and tie off with a twist tie. Never put your bread in the fridge. This causes the honey to crystallize and dries out your bread. Our breads stay fresh for 7-10 days when properly stored on your counter. If your bread contains cheese, it does need to be refrigerated within 48 hours of purchase.*

## FREEZING BREAD

*Our bread freezes very nicely! Double bagging helps to prevent freezer burn. It is best to wait 24 hours after purchasing before freezing it. Be sure to thaw the*



*bread in its bag.*

*Great Harvest Bread Co  
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