



JANUARY MENU, 2017

Great Harvest Bread Co
 1701 Allied Ln,
 Charlottesville, VA 22903
 434-202-7813
 www.greatharvestville.com

Mon-Fri 7a-6p
 Sat 7a-5p
 Sun closed

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------|-------------------------------|----------------------------|-------------------------------------|--------------------------------------|---------------------------------------|------------------------|
| BREADS | Honey Whole Wheat | Honey Whole Wheat | Honey Whole Wheat | Honey Whole Wheat | Honey Whole Wheat | Honey Whole Wheat |
| | Dakota | Dakota | Dakota | Dakota | Dakota | Dakota |
| | High Five! | Cville Crunch | Freshly Milled WHOLE GRAINS! | High Five! | Cville Crunch | Cinnamon Raisin Walnut |
| | Cinnamon Chip | Gouda & Stout Bread | Whole Wheat Cinnamon Chip | New Year = Eat Healthy Grains | Cinnamon Chip | Cinnamon Swirl |
| | High Five with Blueberries | Olive Thyme Sourdough | PARMESAN FENNEL BREADSTICKS | Apple Scrapple | Bread.. the way it Ought to be | Pecan Swirl |
| | Popeye | Cranberry White | Black Rye | Focaccia | Spinach Feta | Cheddar Garlic |
| | Farmhouse White | | Farmhouse White | Rosemary Garlic | Challah | |
| | GLUTEN EXCLUSION ROLLS | Gluten eXclusion | | | Gluten eXclusion | |
| | Popeye | Gouda & Stout | Honey Whole Wheat Rolls | Rosemary Garlic | Spinach Feta | Cheddar Garlic |
| COOKIES | GH Original | Snickerdoodle | GH Original | Cranberry Flax | GH Original | Snickerdoodle |
| | Oatmeal Raisin | Turtle Cookies | Oatmeal Raisin | Turtle Cookies | Oatmeal Raisin | Turtle Cookies |
| | Chocolate Bliss | Salted Caramel | Chocolate Bliss | Salted Caramel | Chocolate Bliss | Salted Caramel |
| BARS | Savannah Bars | Apple Caramel | Bread Pudding | Savannah Bars | Turtle Bar | Apple Caramel |
| MUFFINS | Pumpkin Chocolate Chip | Berry White Chocolate Chip | Pumpkin Chocolate Chip | Oatmeal Berry Crisp | Pumpkin Chocolate Chip | Blueberry Buttermilk |
| SCUFFINS | Berry Cream Cheese | Whole Wheat Cinnamon Chip | Lemon Poppyseed | Apricot Walnut | <u>Berry Cream</u> Savory Scuffins | Maple Pecan |

GLUTEN EXCLUSION VARIETIES INCLUDE:
 -Honey Flax
 -Dakota
 -Cinnamon Chip

Happy New Year - begin the year with healthy whole grain breads and treats that are deliciously nutritious! And welcome back the Cranberry Flax Cookie - a treat you will enjoy. All of our sandwiches are made on your choice of freshly baked breads - join us for lunch in January, and check out our menu! Now serving **Boars Head Brand** meats and cheeses. Happy New Year from all of us at Great Harvest Cville! - Aileen & Michael Magnotto

SANDWICH MENU

OMNIVORE SANDWICHES

These sandwiches are made on your choice of bread with lettuce, tomato, cucumber, mayo, dijon mustard, and a sprinkle of salt and pepper.

TURKEY* & CHEESE

Your choice of Swiss or Sharp Cheddar cheese with roasted turkey

HAM* & CHEESE

Your choice of Swiss or Sharp Cheddar cheese with smoked ham

CURRIED TUNA SALAD

Albacore tuna salad made with a special blend of curry spices

CHICKEN SALAD

Cubes of chicken mixed with our irresistible Sweet & Spicy pecans

PIMENTO CHEESE

Roasted red peppers, Sweet & Spicy pecans, and plum chutney make a unique pimento cheese like you've never had before!

ROAST BEEF*

Special blend Horseradish sauce on roast beef with cheese and red onions

ITALIAN*

Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade

***BOARS HEAD BRAND MEATS**

HERBIVORE SANDWICHES

Our herbivore sandwiches feature exciting toppings and spreads! Food grown near Charlottesville tastes best, and our sandwiches feature local ingredients when in season!

MONTICELLO GARDEN

House made lemony hummus, kalamata olives, sliced bell pepper, lettuce, tomato, and cucumber.

TWIN OAKS TOFU AND PESTO

The best tofu ever, and it's locally produced in Louisa! Herby tofu roasted to crispness combined with pesto, lettuce, tomato, and cucumber.

ALMOND BUTTER BANANA CRUNCH

Not just for kids, this is one hearty sandwich! Smashed banana, Naturally Nutty vanilla almond butter, a sprinkle of Groovy Granola, and a drizzle of honey.



SALADS



All of our sandwiches can also be ordered as salads! They will be served as a bed of mixed greens, topped with tomato and cucumber, and the sandwich's "toppings." Don't forget a big slice of bread from the breadboard!

BREAD CARE

Once your bread is cool to your wrist (usually 2 hours after you leave the store), just place it into the plastic bag we give you, press out extra air, twist the top of the bag a few times and tie off with a twist tie. Never put your bread in the fridge. This causes the honey to crystallize and dries out your bread. Our breads stay fresh for 7-10 days when properly stored on your counter. If your bread contains cheese, it does need to be refrigerated within 48 hours of purchase.

FREEZING BREAD

Our bread freezes very nicely! Double bagging helps to prevent freezer burn. It is best to wait 24 hours after purchasing before freezing it. Be sure to thaw the



bread in its bag.

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